

JULY 2023

Marshfield School District

BREAKFAST



Marshfield High School:
1401 E Becker Road



July is National Blueberry Month! Top off a bowl of cereal with some berries or mix fresh fruit with plain fat-free or low-fat yogurt.



MONDAY

Whole Grain Cereal
Fruit Cup
1% Milk

3

TUESDAY

**No School – Happy
4th of July!**

4

WEDNESDAY

Breakfast Frudel
Craisins
1% Milk

5

THURSDAY

Whole Grain Muffin
String Cheese
Applesauce
1% Milk

6

FRIDAY

Breakfast Pizza
100% Fruit Juice
1% Milk

7

Whole Grain Cereal
Fruit Cup
1% Milk

10

Oatmeal Round
100% Fruit Juice
1% Milk

11

Pancake on a Stick
Craisins
1% Milk

12

Cereal Bar w/
String Cheese
Applesauce
1% Milk

13

Breakfast Pizza
100% Fruit Juice
1% Milk

14

Whole Grain Cereal
Fruit Cup
1% Milk

17

Oatmeal Round
100% Fruit Juice
1% Milk

18

Mini Bagels
Craisins
1% Milk

19

Whole Grain Muffin
String Cheese
Applesauce
1% Milk

20

Breakfast Pizza
100% Fruit Juice
1% Milk

21

24

25

26

27

28

31

